WMC Health | The Work Place
Westchester Medical Center Health Network

- 1 Webster Ave., Suite 400, Poughkeepsie, NY 12601
- 831 Route 52, Suite 2 D, Fishkill NY, 12524

1910.134 Appendix C: OSHA Respirator/N-95 Medical Evaluation Questionnaire (Mandatory)

To the employee: Can you read? ☐ **Yes** ☐ **No** **Employer/Organization:** Beacon Volunteer Ambulance Corps

Your employer must allow you to answer this questionnaire during normal working hours, or at a time and place that is convenient to you. To maintain your confidentiality, your employer or supervisor must not look at or review your answers, and your employer must tell you how to deliver or send this questionnaire to the health care professional who will review it.

Part A. Section 1. (Mandatory) The following information must be provided by every employee who has been selected to use any type of respirator (PLEASE PRINT CLEARLY).

1. Today's date:
2. Name:
3. Address:
4. Date of Birth: Last 4 digits of your social security #: xxx - xx -
5. Age (to nearest year): ____________
6. Sex:

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7. Your height: _____ ft. ______ in.
8. Your weight: _____ lbs.
9. Your job title at the above named organization: ____________________
10. A phone number where you can be reached by the health care professional who reviews this questionnaire (include the Area Code): ____________________
11. The best time to phone you at this number: ____________________

☐ Yes ☐ No 12. Has your employer told you how to contact the health care professional who will review this questionnaire?

13. Check the type of respirator you will use (you can check more than one category):
    - ☐ a. lll N, R, or P disposable respirator (N-95, particulate, filter-mask, non-cartridge type only).
    - ☐ b. lll Other type (for example, half- or full-facepiece type, powered-air purifying, supplied-air, self-contained breathing apparatus).

☐ Yes ☐ No 14. Have you worn a respirator?
If "yes," what type(s): ____________________

PART A Section 2 * *Please use the space on the right of the questions to provide a brief explanation for "yes" answers for 1-9*

☐ Yes ☐ No *1.* Do you ***currently*** smoke tobacco, or have you smoked tobacco in the last month?

2. Have you ***ever had*** any of the following conditions? ______

☐ Yes ☐ No a. Seizures (fits) ______
☐ Yes ☐ No b. Diabetes (sugar disease) ______
☐ Yes ☐ No c. Allergic reactions that interfere with your breathing ______
☐ Yes ☐ No d. Claustrophobia (fear of closed-in places) ______
☐ Yes ☐ No e. Trouble smelling odors

3. Have you ***ever had*** any of the following pulmonary or lung problems?

☐ Yes ☐ No a. Asbestosis
☐ Yes ☐ No b. Asthma ______
☐ Yes ☐ No c. Chronic bronchitis ______
☐ Yes ☐ No d. Emphysema ______
☐ Yes ☐ No e. Pneumonia ______
☐ Yes ☐ No f. Tuberculosis ______
☐ Yes ☐ No g. Silicosis ______
☐ Yes ☐ No h. Pneumothorax (collapsed lung) ______
☐ Yes ☐ No i. Lung cancer ______
☐ Yes ☐ No j. Broken ribs ______
☐ Yes ☐ No k. Any chest injuries or surgeries
☐ Yes ☐ No l. Any other lung problem that you've been told about

4. Do you ***currently*** have any of the following symptoms of pulmonary or lung illness?

☐ Yes ☐ No a. Shortness of breath
☐ Yes ☐ No b. Shortness of breath when walking fast on level ground or walking up a slight hill or incline
☐ Yes ☐ No c. Shortness of breath when walking with other people at an ordinary pace on level ground
☐ Yes ☐ No d. Have to stop for breath when walking at your own pace on level ground
☐ Yes ☐ No e. Shortness of breath when washing or dressing yourself
☐ Yes ☐ No f. Shortness of breath that interferes with your job
☐ Yes ☐ No g. Coughing that produces phlegm (thick sputum)
☐ Yes ☐ No h. Coughing that wakes you early in the morning
☐ Yes ☐ No i. Coughing that occurs mostly when you are lying down
☐ Yes ☐ No j. Coughing up blood in the last month
☐ Yes ☐ No k. Wheezing
☐ Yes ☐ No l. Wheezing that interferes with your job
☐ Yes ☐ No m. Chest pain when you breathe deeply
☐ Yes ☐ No n. Any other symptoms that you think may be related to lung problems

***(Healthcare Reviewer** comments for "yes" answers # 1-4):* ______

Reviewer must initial: ______

5. Have you *ever had* any of the following cardiovascular or heart problems?

- ☐ Yes ☐ No a. Heart attack
- ☐ Yes ☐ No b. Stroke
- ☐ Yes ☐ No c. Angina
- ☐ Yes ☐ No d. Heart failure
- ☐ Yes ☐ No e. Swelling in your legs or feet (not caused by walking)
- ☐ Yes ☐ No f. Heart arrhythmia (heart beating irregularly)
- ☐ Yes ☐ No g. High blood pressure
- ☐ Yes ☐ No h. Any other heart problem that you've been told about

6. Have you *ever had* any of the following cardiovascular or heart symptoms?

- ☐ Yes ☐ No a. Frequent pain or tightness in your chest
- ☐ Yes ☐ No b. Pain or tightness in your chest during physical activity
- ☐ Yes ☐ No c. Pain or tightness in your chest that interferes with your job
- ☐ Yes ☐ No d. In the past two years, have you noticed your heart skipping or missing a beat
- ☐ Yes ☐ No e. Heartburn or indigestion that is not related to eating
- ☐ Yes ☐ No f. Any other symptoms that you think may be related to heart or circulation problems

7. Do you *currently* take medication for any of the following problems? ______________________

- ☐ Yes ☐ No a. Breathing or lung problems
- ☐ Yes ☐ No b. Heart trouble
- ☐ Yes ☐ No c. Blood pressure
- ☐ Yes ☐ No d. Seizures (fits)

☐ 8. If you've used a respirator, have you *ever had* any of the following problems? (If you've never used a respirator, check the box to the left and go to question 9:)

- ☐ Yes ☐ No a. Eye irritation
- ☐ Yes ☐ No b. Skin allergies or rashes
- ☐ Yes ☐ No c. Anxiety
- ☐ Yes ☐ No d. General weakness or fatigue
- ☐ Yes ☐ No e. Any other problem that interferes with your use of a respirator

☐ Yes ☐ No 9. Would you like to talk to the health care professional who will review this questionnaire about your answers to this questionnaire?

Reviewer must initial: ________

I attest that all of the information I've provided on this form is true and accurate to the best of my knowledge. I understand that falsification of information could endanger my health during respirator use or lead to my not being approved for respirator use.

I understand that under Federal OSHA/PESH regulations, my employer is required to receive a written recommendation regarding my ability to use a respirator, but will not receive any details of my private health information.

Signed: ______________________________ **Date:** ______________